

Table with columns: 日 (Date), 献立名 (Menu Name), 牛乳 (Milk), 赤の仲間・血や肉になる (Red group - blood/meat), 黄の仲間・熱や力の元になる (Yellow group - heat/strength), 緑の仲間・体の調子を整える (Green group - balance body), その他 (Others), 17科-たんばく質 (17 categories - protein). Rows include various dishes like カラフルピラフ, タンドリーチキン, etc., with their ingredients and nutritional values.

期末考査(給食なし)

Table for the end-of-term exam period (24th to 30th of the month). It lists menu items like 白飯, 白身魚の香味ねぎダレ, etc., with their ingredients and nutritional values.